

Dutch Study of NDE in Survivors of Cardiac Arrest

The Science of Near-Death Experiences, Pim van Lommel, MD

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Total Patient Survivors of Cardiac Arrest	344	
No recollection of period of unconsciousness	282	82%
Reported an NDE (Near-Death Experience)	62	18%
Superficial NDE (only some elements)	21	6%
Core NDE experience:	41	12%
Moderately deep NDE		18
Deep NDE		17
Very Deep NDE		6
Aware of being dead and had positive emotions		50%
Had a tunnel experience, observed a celestial landscape, or met with deceased persons		30%
Had an out-of-body experience, communicated with 'the Light', or perceived colors		25%
Life review		13%
Experienced the presence of a border		8%

Interviews performed years following the cardiac arrest event. Responses to questions were significantly different for people with NDE from those who did not experience an NDE

Significant findings of NDE experiencers:

Fear of death significantly decreased

Belief in an afterlife significantly increased

Greater interest in spirituality and the purpose of life

Greater acceptance of, and love for, oneself and others

Enhanced intuitive feelings

Strong sense of connectedness with others and with nature