

Guidelines and standards for the study of death and recalled experiences of death—a multidisciplinary consensus statement and proposed future directions—18 February 2022 Sam Parnia & others

Resuscitation science has enabled **life** to be **restored to millions of people** after their hearts had stopped. These **survivors** have **described a unique set of recollections in relation to death that appear universal.**

The peer reviewed medical literature does warrant a consensus statement that: (as paraphrased by Fr. Robert Spitzer)

- 1) It is likely that **consciousness is going to survive physical bodily death.**
- 2) There's going to be a **separation of this 'soul' spirit-like form from your physical body**
- 3) Your going to have a **sense of travelling** somewhere out of your physical body to either **some earthly locality or to an otherworldly place** (e.g. a heavenly domain)
- 4) There's going to be a **rather thorough life review**, which will point out failures and successes
- 5) A **return back into your body.**

Near-death experiences: the experience of the self as real and not as an illusion - 11 October 2011 Pim van Lommel

Because the publication of several prospective studies on near-death experience (NDE) in survivors of cardiac arrest have shown strikingly similar results and conclusions, the phenomenon of **the NDE can no longer be scientifically ignored. The NDE is an authentic experience** that cannot be simply reduced to imagination, fear of death, hallucination, psychosis, the use of drugs, or oxygen deficiency. Patients appear to be **permanently changed by an NDE** during a cardiac arrest of only some minutes' duration. It is a **scientific challenge to discuss new hypotheses that could explain the possibility of a clear and enhanced consciousness—with memories, self-identity, cognition, and emotions—during a period of apparent coma.** ... There are good reasons to assume that **our consciousness, with the continuous experience of self, does not always coincide with the functioning of our brain: enhanced or nonlocal consciousness, with unaltered self-identity, apparently can be experienced independently from the lifeless body.** People are convinced that the self they experienced during their NDE is a reality and not an illusion.